

## Report of the Community Service and Environmental Affairs Sector for the Academic Year 2024–2025

### The Implemented Activities

- Raising awareness of the College's community services to encourage faculty members to participate.
- Establishing a dedicated portal for the sector on the College's e-learning platform (Moodle) to share all community-related activities.
- Creating an official email account for the sector to facilitate communication: **csea.som@ngu.edu.eg**.
- Publishing all activities on the College's social media platforms (Facebook, Instagram, and LinkedIn).

### Therapeutic Activities

The College provides free medical services to patients through medical convoys and specialized clinics at the Community Hospital in Sayeda Nafisa. During the year 2025, a total of **14,632 diagnostic and therapeutic cases/services** were provided, distributed as follows:

- **Internal Medicine:** Services provided to 5,876 cases.
- **Pediatrics:** Treatment and care provided to 4,275 pediatric cases.
- **Medication Dispensed:** Treatment dispensed under the "Medication" category for 2,292 cases.
- **Neurosurgery/Neurology:** 863 cases.
- **Endocrinology:** 527 cases.
- **Dermatology:** 386 cases.
- **Cardiology:** 187 cases.
- **Surgery:** 136 cases.
- **Rare Diseases:** Management of 71 cases within the rare diseases specialty.

### Medical Convoys and Field Campaigns

- A series of specialized medical convoys were implemented under the leadership of the student group **IBF (Ibrahim Badran Foundation)**, as follows:
  - **October 26:** 23 volunteers served 568 patients in Gharbia Governorate.
  - **November 9:** 31 volunteers assisted 644 patients in Gharbia Governorate.
  - **November 22:** 34 volunteers treated 1,294 patients in Gharbia Governorate.
  - **January 23:** 24 volunteers assisted 797 patients in Qalyubia Governorate.
  - **February 22:** 18 volunteers assisted 1,073 patients in Giza Governorate.
  - **March 22:** 20 volunteers assisted 1,036 patients in Giza Governorate.
  - **April 5:** 22 volunteers assisted 1,434 patients in Qalyubia Governorate.
  - **May 4:** 35 volunteers assisted 1,505 patients in Qalyubia Governorate.



Qalyubia's Convoy Photos



Gharbia's Convoy Photos



- A blood donation campaign** was organized in cooperation with the National Blood Transfusion Services of the Ministry of Health in **October 2024**.  
 The Faculty of Medicine, in collaboration with the National Blood Transfusion Services, organized a blood donation campaign that achieved success beyond all expectations. This was made possible through the support of NGUMA and the Ibrahim Badran Foundation. The campaign witnessed a strong turnout, reflecting the commitment of the New Giza University community to the cause of safe blood donation.



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## Awareness Activities: Health Awareness Sessions and Campaigns

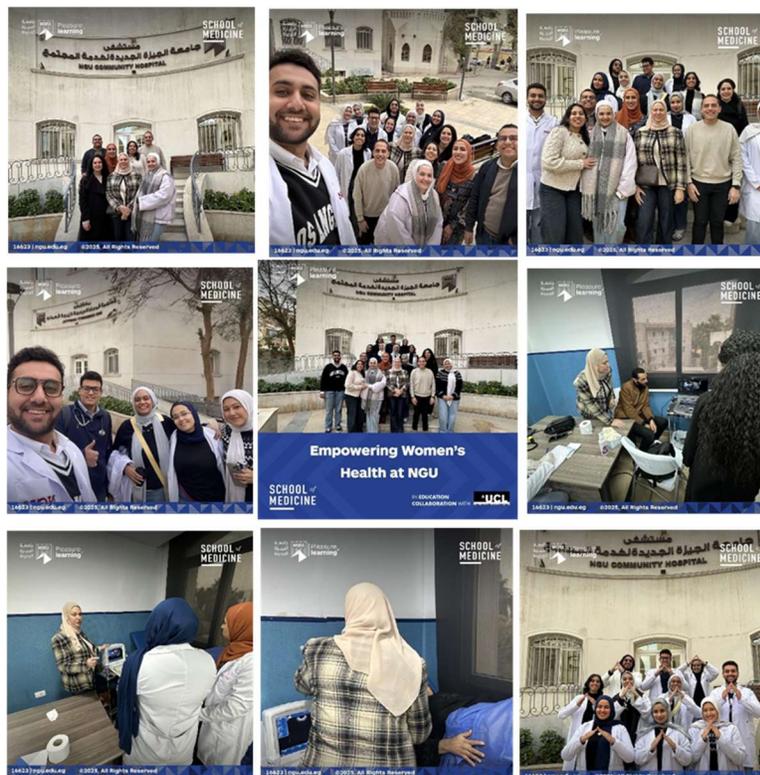
- **January 4:** A health awareness campaign on diabetes, hypertension, and uterine fibroids was organized at the New Giza Community Hospital.

On January 4, the **NGUMA**, in collaboration with the **Department of Obstetrics and Gynecology** at the New Giza Community Hospital in Sayeda Nafisa, organized a comprehensive awareness campaign focusing on diabetes, high blood pressure, and uterine fibroids among women.

Attendees received a range of medical services, including urine analysis, blood pressure measurement, and ultrasound examinations. These services were provided by a distinguished team of physicians, with the participation of New Giza University students, and under the supervision of the **Community Service and Environmental Affairs Sector**.

This initiative reflects the College's commitment to promoting experiential learning and strengthening its role in community service.

The College also extends its sincere appreciation to **Life Medical Company** for their generous support through the provision of portable ultrasound devices, as part of their corporate social responsibility efforts. Their contribution had a significant impact on enhancing the quality of the healthcare services provided.



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- **January 11:** An awareness campaign on **Rickets** was organized at the New Giza Community Hospital.

On January 11, the **Department of Pediatrics** organized an awareness campaign on rickets at the New Giza Community Hospital in Sayeda Nafisa, with the support and expertise of the student groups **IBF, NGUMA, PAL,** and the **Student Union**. During the campaign, parents and hospital visitors were educated about rickets, including its symptoms, complications, and related nutritional guidelines. The awareness activities were delivered efficiently by New Giza University students under the supervision of the **Community Service and Environmental Development Affairs Sector**. This initiative reflects the College's commitment to transforming academic learning into practical application through a collaborative effort aimed at improving child health.



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- **November 27:** A specialized dermatology event was held in collaboration with **Eucerin**.

On Wednesday, November 27, a successful awareness lecture on **acne** was conducted. The event was organized by the Faculty of Medicine at New Giza University and was attended by a distinguished audience of students, faculty members, and staff from various colleges across the University. The lecture featured rich scientific content delivered by specialists in dermatology, covering methods of acne prevention, effective treatment options, and the correction of common misconceptions related to skincare. The event also included an interactive discussion session with one of the Faculty's dermatology professors, providing students with the opportunity to ask questions and receive reliable, evidence-based guidance. The event concluded with the distribution of free samples of **Eucerin** products, along with branded promotional gifts, adding further value to the overall educational experience.



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- **February 24: An awareness session on breast self-examination was delivered, targeting 30 female security staff members and cleaning workers at the University.**

On February 24, the **Community Service and Environmental Development Affairs Sector (CSEA)** at the Faculty of Medicine, in collaboration with the **Department of Surgery** and the **NGUMA student group**, organized an awareness session on breast cancer self-examination.

The initiative aimed to educate and empower 30 female security staff members and cleaning workers at New Giza University by raising awareness of the importance of early detection of breast cancer and teaching them the correct method for performing breast self-examination.

This initiative reflects the Faculty’s ongoing commitment to strengthening community education and supporting preventive healthcare.



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- **February 26: An awareness session titled “Break Free: The Hidden Dangers of Smoking and How to Quit” was organized in collaboration with the Pink Lung Initiative.**

On February 26, the **Community Service and Environmental Development Affairs Sector (CSEA)** at the Faculty of Medicine, in collaboration with **Dr. Wael Safwat** and the **NGUMA student group**, organized an awareness session entitled *“Break Free: The Hidden Dangers of Smoking and How to Quit.”*

The educational session was delivered by **Dr. Wael Safwat**, Consultant in Internal Medicine and Health Awareness and Founder of the Pink Lung Initiative. He addressed the health risks associated with smoking, including the dangers of exposure to secondhand smoke, and presented practical advice and strategies for smoking cessation—particularly in light of the approaching month of Ramadan, which represents a suitable opportunity for many individuals to quit smoking. Participants were given the opportunity to engage in discussions and receive valuable guidance and support, both for themselves and for their family members. This event provided a meaningful opportunity for learning, interaction, and awareness-raising, and reaffirmed our commitment to promoting community education and preventive healthcare.



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- **April 16:** An awareness session on **Premenstrual Syndrome (PMS)** titled “*Ease the Suffering*” was conducted.

On April 16, 2025, the **Department of Obstetrics and Gynecology**, in collaboration with the **Community Service and Environmental Development Affairs Sector** at the Faculty of Medicine and **Bionorica**, organized a highly impactful awareness session on Premenstrual Syndrome under the theme “*Ease the Suffering.*” The event was held in **Building 2A, Hall 1.37**, and was attended by approximately **40 participants**. The session highlighted the psychological, physical, and emotional effects of PMS through a structured presentation, an open discussion, and a question-and-answer session. Participants were able to learn, engage, and interact within a supportive and encouraging environment.



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- **May 24, 2025:** An awareness campaign on **Chronic Kidney Disease (CKD)** was organized at the Community Hospital, including the distribution of free vouchers for kidney function tests.

On May 24, 2025, the **Community Service and Environmental Development Affairs Sector (CSEA)** at the Faculty of Medicine, **New Giza University**, in collaboration with **Dr. Mohamed Gawad**, Lecturer of Nephrology in the Department of Internal Medicine, and the **IBF student group (@ibf\_ngu, Ibrahim Badran Foundation)**, organized an effective awareness campaign on chronic kidney disease at the Community Hospital in Sayeda Nafisa.



The campaign included interactive sessions to educate patients about the symptoms of CKD, risk factors, preventive measures, and the importance of early detection, with a focus on managing diabetes and hypertension. Free vouchers for basic kidney function tests were distributed to attendees to encourage early diagnosis and empower patients to take proactive steps to maintain kidney health.

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- **May 2025: An awareness session titled “Silent Scars: Negative Experiences in Childhood” was conducted, targeting 25 cleaning staff members to raise awareness about the harmful effects of child abuse.**

The **Community Service and Environmental Development Affairs Sector (CSEA)** at the Faculty of Medicine, **New Giza University**, in collaboration with the **Child Health Team** and the **NGUMA student group**, organized this educational session focusing on the long-term psychological and physical impacts of childhood abuse. The initiative aimed to equip 25 university cleaning staff members with essential knowledge regarding the psychological, physical, and sexual consequences of abuse on children, as part of the sector’s efforts to promote community awareness and foster a culture of child protection. The session was led by the **Department of Pediatrics** under the supervision of **Dr. Shaimaa Adel**, with active participation from the Faculty’s students.



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- An awareness initiative was organized for visitors at the New Giza Community Hospital in Sayeda Nafisa, conducted by students as part of their fourth-year curriculum activities.

The campaign included the distribution of informational brochures, and various visual materials were used to engage visitors. Photographs documenting the students' visit to the hospital and their interactions with the patients were also captured, showcasing the practical learning experience and community engagement.



## Workshops

- **Workshop on “Raising Awareness and Understanding of Duchenne Muscular Dystrophy”**  
Held from **November 10 to 13, 2024**, this workshop brought together leading specialists from the **Mediterranean region, Europe, Japan, and the United States** to exchange the latest developments in Duchenne muscular dystrophy research and treatment. The program included expert-led sessions and practical workshops. The event was supported by a grant from **Pfizer Inc.**

## Charitable Activities

- **“Back to School” Initiative:**  
In **August 2025**, in collaboration with **Misr El Kheir Foundation**, more than **150 school bags** filled with essential supplies were prepared and distributed to students in need.



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**A video documenting the “Back to School” initiative is available on the Misr El Kheir Foundation website, highlighting the Faculty’s contribution and support.**

[https://youtu.be/i\\_CzzZjNATE](https://youtu.be/i_CzzZjNATE)



## Selected Student Groups for the Poster Competition at the MASMO Conference

- Teams participating in the conference were selected from various universities, including the team chosen by the **Community Service and Environmental Development Affairs Sector**.
- The **New Giza University team** achieved a remarkable accomplishment. The team members were: **Maryam Abdelghani, Rowan Korosh, Linda Gamal, Zeina Abdelwahab, and Maryam Amr**, who participated in the scientific poster competition at the MASMO Conference.
- Their research poster, titled: *“Neuroplasticity and the Obesity Paradox: Promoting Health through Brain Rewiring”* was awarded **third place**, in collaboration with **Cairo University**.



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## Signing of Memoranda of Understanding (MOUs):

- Two MOUs were signed with **Misr El Kheir Foundation** and **Bahia Foundation** to support joint initiatives, awareness campaigns, and training programs.
- The agreements were signed by **Prof. Dr. Lamiaa Mohsen**, in her capacity as **Dean of the Faculty of Medicine at New Giza University**, and **Dr. Mohamed Amara**, **Executive Director of Hospitals and Medical Projects at Bahia Foundation**.



## Signing of a Memorandum of Understanding with Misr El Kheir Foundation

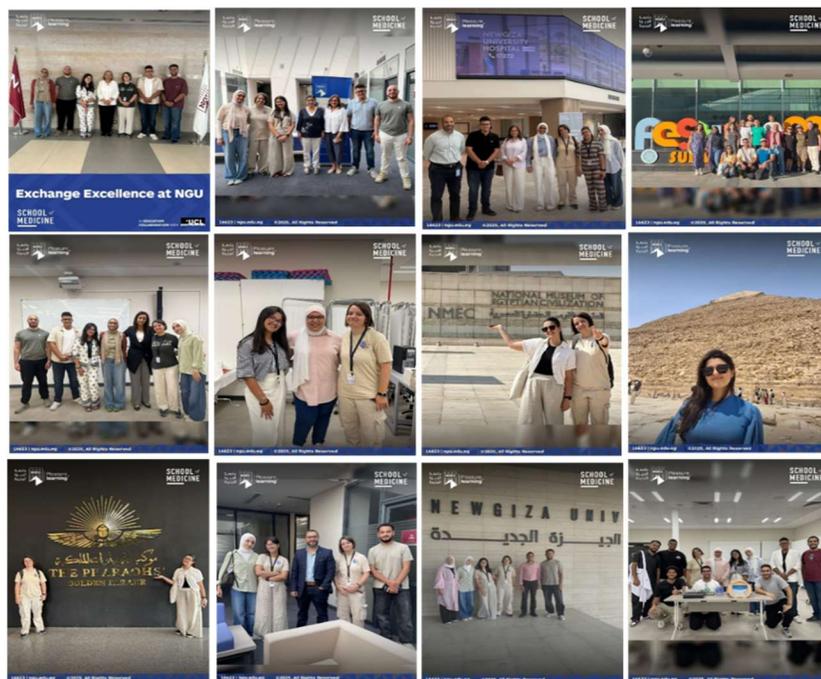
- Under the auspices of **Prof. Dr. Lamis Ragab**, Vice President of New Giza University, the **Faculty of Medicine** signed a cooperation protocol with **Misr El Kheir Foundation**. The agreement was formalized as part of the national “**Basma**” Initiative, which aims to organize and empower volunteer work across Egypt.
- The MOU was signed by **Prof. Dr. Lamiaa Mohsen**, Dean of the Faculty, and **Eng. Sherif Azouz**, Director of the Volunteer Management Department at Misr El Kheir Foundation. The signing ceremony was attended by:
  - **Prof. Dr. Dina Nabih** and **Prof. Dr. Nadida Johar**, Vice Deans of the Faculty
  - **Dr. Marwa El-Shabrawy**, Director of Collaboration Programs with UCL
  - **Dr. Walid Abdel Hamid**, Program Director
  - **Dr. Naglaa Hussein** and **Ms. Emtesal El-Sayed**, Volunteer Program Officers at the Foundation
- This collaboration reflects a shared commitment to **supporting community service** and nurturing a generation of physicians who combine scientific knowledge with humanitarian values in serving society.



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- **International Student Exchange Program**

In **August 2025**, for a period of one month, the **Faculty of Medicine at New Giza University**, in collaboration with the **NGUMA student group** and the **Community Service and Environmental Development Affairs Sector (CSEA)**, hosted two international students as part of the student exchange program: **Katerina Krastelova** from Bulgaria and **Sara Ben Said** from Morocco. The visit included a comprehensive **academic and cultural program**, featuring workshops in **hematology, cardiology, emergency medicine, and research writing**, as well as **field visits to NGU hospitals** and participation in scientific research projects. The students also enjoyed **cultural excursions** in Egypt, including visits to the **Pyramids, Siwa Oasis, and Marsa Alam**, providing them with a well-rounded experience that combined medicine, culture, and community service.

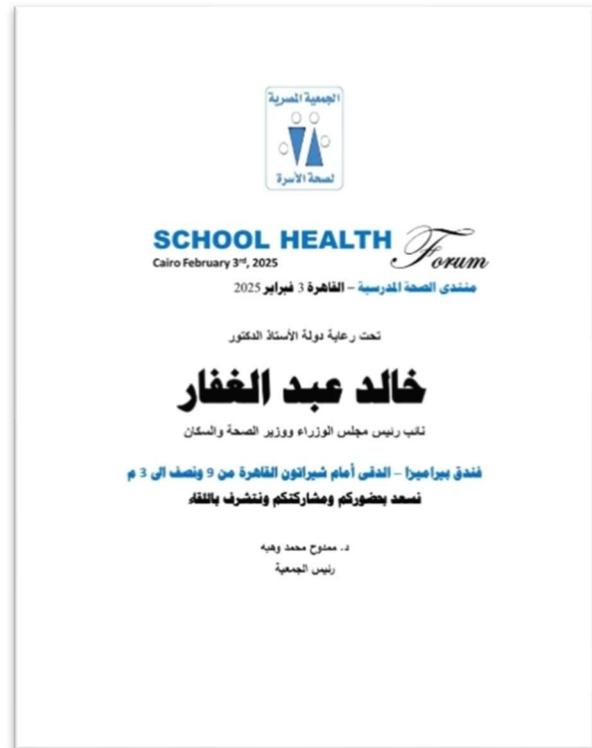


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• External Contributions

The **Community Service and Environmental Development Affairs Sector (CSEA)**, along with a team from the sector, participated in the **School Health Forum** as a member of the discussion committee on the “**Safe Schools**” component of **School Health Services** organized by the **World Health Organization (WHO)**, in collaboration with **UNESCO** and **UNICEF** on **February 3**.

<p>13.00 : جلسة حوارية حول النشاط البدني</p> <p>د. هادي : د. محمد حلي (مؤاترة الصحة والبيئة وليس الأثر البيئي فقط) (مؤاد حاد الشافعي وزارة التربية والتعليم) د. نيلين الباز (الصحة العامة جامعة القاهرة)</p>	<p>13.00 : جلسات افتتاحية</p> <p>د. منسوح ووجه                  • افتتاحية الافتتاحية                  Dr. Robert Piazza                  • رئيس لجنة التعليم والبيئة العالمي بمجلس النواب                  • محاضر : د. منسوح ووجه                  • محاضر : د. نيلين الباز                  • محاضر : د. خالد عبد الغفار</p>
<p>13.45 : جلسة حوارية حول التغذية</p> <p>د. هادي : د. منسوح حلي (مؤاد حاد الشافعي وزارة التربية والتعليم) د. نيلين الباز (الصحة العامة جامعة القاهرة) د. محمد حلي (الصحة العامة جامعة القاهرة)</p>	<p>11.00 : جلسة حوارية حول المدارس الآمنة</p> <p>د. هادي : د. منسوح حلي (مؤاد حاد الشافعي وزارة التربية والتعليم) د. نيلين الباز (الصحة العامة جامعة القاهرة) د. محمد حلي (الصحة العامة جامعة القاهرة)</p>
<p>14.30 : حوار جماهيري</p>	<p>11.45 : جلسة حوارية حول التكيف المناخي</p> <p>د. هادي : د. منسوح حلي (مؤاد حاد الشافعي وزارة التربية والتعليم) د. نيلين الباز (الصحة العامة جامعة القاهرة) د. محمد حلي (الصحة العامة جامعة القاهرة)</p>
<p>15.00 : لقاء إعلامي وندوة صحفية</p> <p>د. هادي : د. منسوح حلي (مؤاد حاد الشافعي وزارة التربية والتعليم) د. نيلين الباز (الصحة العامة جامعة القاهرة) د. محمد حلي (الصحة العامة جامعة القاهرة)</p>	<p>12.30 : استراحة</p>



- **Recognition of Achievement and Volunteer Efforts**

In line with the Faculty’s commitment to **community service, 29 faculty members, supporting staff, and community partners** who actively participated in community service activities during the **2024–2025 academic year** were honored.

The recognition ceremony was held in the presence of the **Dean and Vice Dean of the Faculty**, highlighting the College’s appreciation for their dedication and contributions.



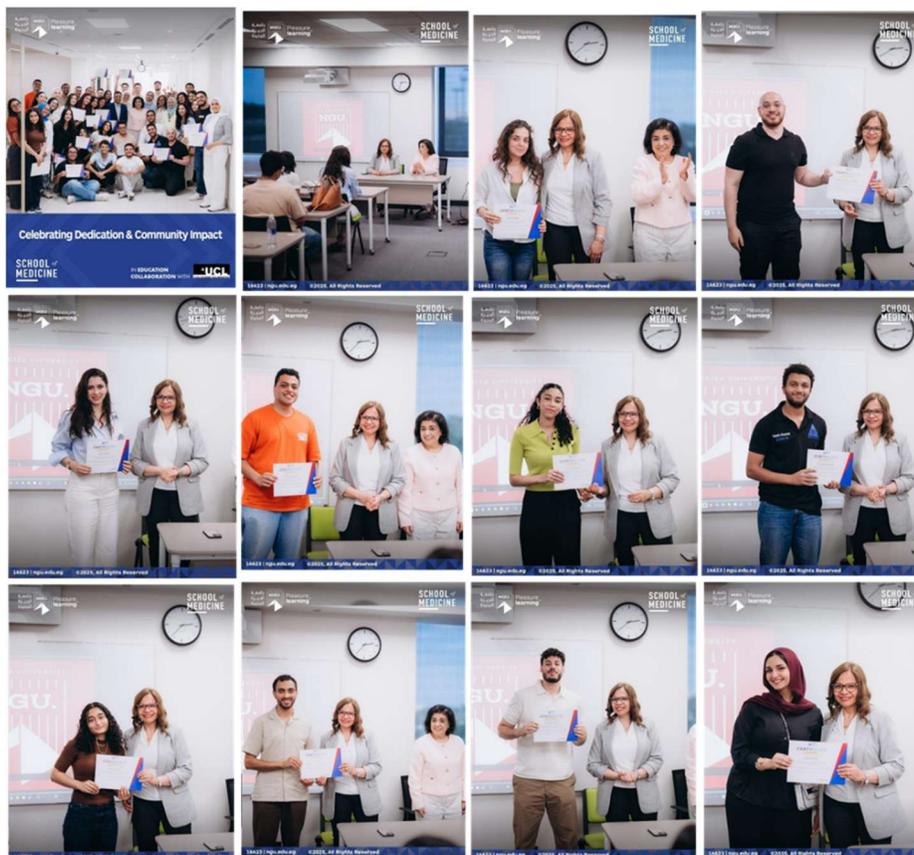
The ceremony included:

- **Acknowledgment of participants’ efforts** in supporting community activities and strengthening the connection between the Faculty and the wider community.
- **Presentation of certificates of appreciation** to honor their outstanding dedication and effective contributions.
- This recognition reflects the Faculty’s commitment to **fostering a culture of community engagement and appreciating efforts that contribute to sustainable development and the service of the local community.**

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- **Certificates of Appreciation for Students**

As part of promoting **participation and excellence**, **73 students** were awarded certificates of appreciation in recognition of their **active participation and valuable contributions** to the sector’s initiatives during the **2024–2025 academic year**. This recognition underscores the Faculty’s commitment to **supporting outstanding students**, encouraging them to continue contributing to community service activities, and fostering the development of both **personal and academic skills**.



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- **Recognition of Participants in the “Pink Lung” Initiative**

Seven students were honored for their **active participation in the “Pink Lung” initiative**, which aimed to raise awareness about the dangers of smoking and promote a tobacco-free future.

The students presented **creative works**, including awareness posters and videos, which were highly appreciated. Their efforts were celebrated during a **special ceremony held at the Egypt Public Library**, attended by **Prof. Dr. Dina Nabih**, Vice Dean of the Faculty, and **Dr. Naglaa Hussein**.

This activity reflects the sector’s commitment to **supporting community health initiatives** and **empowering students to become leaders in driving positive change**.



## Alumni Office Report

### Key Activities and Achievements:

- **Updating a Comprehensive Alumni Database:**
  - The database includes: **alumni name, NGU ID, phone number, email, and graduation year.**
  - A link was sent to alumni to update their information.
- **Facilitating Effective Communication with Alumni:**
  - Alumni batches were divided into **three mailing groups** in collaboration with the IT department for easier communication.
  - A dedicated email for the Alumni Office was established in **June 2025:** [somalumni.office@ngu.edu.eg](mailto:somalumni.office@ngu.edu.eg).
- **Measuring Satisfaction and Providing Support:**
  - A survey link was sent to assess alumni satisfaction with the program and available communication channels.
  - Links to **online training courses** were sent periodically (every 30 days) from global educational platforms, including **Coursera, edX, Med Cram, Khan Academy, MIT Open Courseware (OCW), and Alison.**

### Future Plans and Recommendations:

- Plans are underway to organize an **important event** in collaboration with the **Medical Professions Development Sector at the Ministry of Health.**
- The event will focus on guidance regarding the **medical internship stage, Ministry of Health residencies, and the Egyptian fellowship programs.**

## Career Development and Continuing Medical Education Office (CDO) Report

### Key Activities and Achievements:

- **Activity 1: Internal Medicine Scientific Club (IMSC):**
  - Seven scientific meetings were organized as part of the club's activities to **promote scientific dialogue and develop critical thinking skills among students.**
  - The meetings covered diverse topics presented by experts, including:
    - *Contrast and Kidney Injury*
    - *Tips and Tricks in Management of Dyslipidemia*
    - *Lupus Nephritis*
- **Activity 2: Career Guidance for Medical Students and Fresh Graduates:**
  - Four guidance sessions (**Fresh Medical Graduates Guidance Series**) were conducted via **Zoom.**
  - The first three sessions, titled *Pathways to Medicine – Exploring Specialties*, were attended by over **440 students** in total.

- The fourth session, titled *Your Guide to MRCP & MRCS*, introduced students to the **requirements and pathways for obtaining international professional certifications**.



Posts links:

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### Activity 3: Supporting Alumni Research

- **Research Protocol Support:** Guidance and support were provided for research protocols led by **recent graduates**.
- **Approved Studies:** Two research projects received official approval for implementation:
  1. **Assessment of Public Knowledge on Chronic Kidney Disease (CKD) among the General Population in Egypt.**
  2. **Prevalence of Burnout among Nephrologists Working in Africa.**

### Future Plans and Recommendations:

- **Post-Internship Career Pathways:** Organize advanced sessions covering medical internship, residency programs in Egypt, and an **introductory workshop on the MBA program** and its relevance for physicians.
- **Supporting Essential Clinical Skills:** Conduct specialized **hands-on workshops** including:
  - Basic Surgical Skills
  - X-Ray Interpretation
  - ECG Interpretation
- **Student Involvement in Community Service:** Integrate students into **Community Service and Environmental Affairs** activities, such as the **Water and Health Campaign** and **World Kidney Day awareness initiatives**.

## **Crisis and Disaster Preparedness Unit**

### **Key Activities and Achievements:**

- **First Aid Workshop:**
  - Conducted under the title: *“First Aid ... Learn a Life Skill to Save Lives.”*
  - Targeted **university staff, administrators, and security personnel.**
  - Held on **20–21 January 2025** with **38 participants**, who received **certificates accredited by the Faculty.**
- **Development and Implementation of Evacuation Plans for College Buildings (2A & A):**
  - Regular committee meetings held from **February to April 2025** with security, quality unit, and the Vice Dean for Community Service to prepare evacuation plans.
  - Room numbering completed for Building 2A, with exit signage installed.
  - A **demonstration video** of evacuation procedures was produced and uploaded to Moodle.
  - Awareness lectures provided to **all five student cohorts** on evacuation plans and disaster response.
  - Live evacuation drill conducted for **Building 2A on 18 May 2025.**
  - Live evacuation drill conducted for **Building A on 25 June 2025.**

### **Plans and Recommendations for 2025–2026:**

- Organize **training sessions on fire extinguisher use** for all university staff.
- Conduct lectures on handling **various emergency scenarios**, including electric shock and elevator entrapment.
- Prepare and distribute **safety and disaster awareness brochures** to students, staff, and faculty.
- Conduct a **new evacuation drill next year** to reinforce continuous awareness and ensure sustainable preparedness.

### **Suggested Improvement Points:**

- **Expand Awareness and Prevention Services:** Increase and intensify educational sessions and campaigns to reach a larger audience, including beneficiaries of medical convoys and visitors to the NGU Community Hospital in Sayeda Nafisa.
- **Integrate Awareness and Training Activities:** Incorporate planned professional development workshops (e.g., X-Ray and ECG interpretation) into community service programs for broader community benefit in coordination with the hospital.
- **Enhance Alumni Research Support:** Establish a formal **mentorship program** linking graduate researchers with experienced faculty to ensure continuity of graduate-led research.

- **Activate the Alumni Database:** Utilize the updated database for **targeted communication on job opportunities and medical residencies**, beyond training courses and satisfaction surveys.
- **Sustain Crisis Training:** Implement a **mandatory annual training plan** for first aid and fire extinguisher use, including **larger portions of students and faculty**, to ensure comprehensive readiness.