

DIABETES



PROFESSIONAL DIPLOMA

4TH EDITION (2026)

END OF MAY 2026 : 2027

In collaboration with



Arabic Association for the Study of Diabetes and Metabolism (AASD)

- Member of International Diabetes Federation
- Affiliated member of European Endocrine Society
- Member of International Society of Endocrinology



Professional Development Academy
NewGiza University



1st Course:

Basic diabetes and diabetes management

2nd Course:

Applied Diabetes

3rd Course:

Advanced Diabetes

The first course "Basic Diabetes" will start on End of May 2026

DIPLOMA OVERVIEW

According to the International Diabetes Federation (IDF) Diabetes Atlas (11th edition, 2025), approximately 589 million adults (aged 20–79 years) are currently living with diabetes worldwide. This represents a global prevalence of 11.1%, or roughly 1 in 9 adults.

Key IDF Statistics (2025)

- Total Patients: 589 million adults.
- Undiagnosed Cases: Over 252 million people (more than 4 in 10) are estimated to be living with the condition unaware of their status.
- Future Projections: The number of people living with diabetes is projected to rise to 853 million by 2050—an increase of 46%.

OBJECTIVES

This professional diploma is well designed for health care professionals to cope with updated multidisciplinary virtual basic, applied, and advanced knowledge about diabetes, its comorbidities, and complications.

This 100% online Diploma will allow you to combine your studies with your professional work while increasing your knowledge in this field





Take the step and join our team. You will find the best educational material to enhance your studies



OUTCOME



By the end of this diploma, participants will:

- Have deep knowledge and understanding to the care of people living with diabetes.
- Be updated with the understanding of the management of people with diabetes with multidisciplinary approach.
- Obtain a leading-edge understanding of all aspects of diabetes
- Enhance your skills and confidence in the diagnosis, treatment, management and care of people with diabetes
- Become a key opinion leader in diabetes
- Become a recognized diabetes expert within your community
- Secure CME Accreditation
- Augment your career progression



DIPLOMA DURATION



Is one year conductive through three courses, each course will consist of two modules each module will be seven weeks' duration

COURSE MODULES

Our online Diploma in Diabetes allows you to study for just one calendar year and is a part-time, distance-learning course.

1- First course: Basic diabetes and diabetes management

2- Second course: Applied Diabetes

3- Third course: Advanced Diabetes

Commitment: 15 hours per week

Class size: 20-25

Format: 100% Online

Courses Timing and Duration: The first course "Basic diabetes and diabetes management" will start on End of May 2026 (every Saturday for four months).

Diploma will be delivered by the Arabic Association for the Study of Diabetes and Metabolism with the collaboration of international faculty.

CERTIFICATE

Certificates will be granted to participants based on each course attendance and exam. Diploma certificate will be granted after fulfillment of the 3 courses

"This diploma is the best option you can find to specialize in diabetes"



TARGET AUDIENCE

- Doctors
- Health Care Professionals

Applicants will typically be registered healthcare professionals who have a day to day exposure to people with diabetes. They may be part of a team which delivers care, a leader of that team, or a practitioner in diabetology. Our diabetes courses are for health professionals including Internists, Diabetologists, Endocrinologists, Family Medicine General Practitioners, Podiatrists, Pharmacists, Dieticians and Pharmaceutical Representatives.

Accreditation is restricted to registered graduates of medical schools

METHODOLOGY

This training program provides you with a different way of learning

Lectures – Assignment – Essay preparation

you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

STRUCTURE AND CONTENT

The structure of the content has been designed by leading professionals in the Diabetes Sector, with extensive experience and recognized prestige in the profession, backed by the volume of cases reviewed, studied, and diagnosed, and with extensive knowledge of new technologies

Specialize in Diabetes, with the help of active professionals with extensive experience in the sector

SUPERVISING COMMITTEE



Inass Shaltout

- AASD President
- Professor of Internal Medicine and Diabetes at the Cairo University,
- Member of the Egyptian Board of Internal Medicine
- Founder of Diabetes Professional Diploma



Mohamed Hassanein

- Senior Consultant Endocrinologist, Dubai Hospital, DHA, UAE
- H Senior Lecturer and Associate Director for Postgraduate Diabetes Education, Cardiff University, UK
- Lead Consultant in Endocrinology & Diabetes, Glan Clwyd

INTERNATIONAL FACULTY



Andrew Benkhe

Assistant Professor of Internal Medicine
Liberty University College of Osteopathic
Medicine



Mick Kumuemda

Consultant of Nephrologist and Clinical
Director in Renal and Diabetes Centre
Glan Clwyd Hospital - RHYL



Sehnaz Karadenis

President-Elect of the International
Diabetes Federation (IDF)



Tatjana Milenkovic

- Professor of Internal Medicine at the University "St Cyril and Methodius", Medical Faculty in Skopje.
- Works at the Clinic of Endocrinology, Diabetes and Metabolic Diseases since 1985

SUMMARY OF COURSE

MODULE 1: it will cover the following:

- 1- Glucohomeostasis
- 2- Epidemiology
- 3- Genetics of diabetes
- 4- Pathophysiology of diabetes and diabetes complications
- 5- Classification and diagnosis
- 6- Clinical presentation

MODULE 2: it will cover the following:

- 1- Basic concepts about treatment, life style modification, basics of nutritional management for type 1 & type 2
- 2- Oral agents : mechanism of action, doses, side effects for type 2
- 3- Insulin : types, regimens for type 1 & type 2
- 4- Others : e.g bariatric surgery, artificial pancreas, insulin pump

MODULE 3: it will cover the following:

- 1- Monogenic diabetes
- 2- Gestational diabetes
- 3- Secondary types of diabetes
- 4- Guidelines
- 5- Diabetes technology
- 6- Diabetes self-monitoring

MODULE 4: it will cover the following:

Diabetes complications

- 1- acute complications: ketoacidosis, hyperosmolar coma, hypoglycemia
- 2- chronic complications: cardiovascular disease, nephropathy, neuropathy, retinopathy, psychological aspect of diabetes

MODULE 5: it will cover the following:

- 1- diabetic foot
- 2- diabetes prevention
- 3- diabetes

MODULE 6: it will cover the following:

- 1- diabetes in special groups
- 2- Diabetes and Ramadaan
- 3- Diabetes in the elderly
- 4- Diabetes in chronic disease
- 5- Diabetes in the hospital
- 6- Diabetes in young adults (Children)
- 7- Diabetes in psychiatric institute



Improve the quality of care for your patients with this innovative diabetes training program”



REQUIREMENTS

Diploma open to Health Care Professionals (HCP) with the following criteria:

- Graduates of English Medical University, Medicine or Pharmacy
- If not a graduate of English Medical University then ILETS Score 6 is required.

COURSE LOCATION

Online platform streaming

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REGISTRATION

